**International Day for the Elimination of Violence against Women 2023**

**Launches on 25th November 2023 followed by 16 Days of Activism**

**16 Days of Activism – Calendar of Events in the Liverpool Area**

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| **Date** | **Agency** | **Activity** | **Social Media / Location** |
| Events Running for the Duration of the 16 days | **Liverpool City Council Safer & Stronger Communities Team** | Will be sharing key messages with internal staff, external partners and on social media to raise awareness of domestic abuse. | x.com/lpoolcouncil  facebook.com/lpoolcouncil  Instagram/cpom/lpoolcitycouncil  LCC Intranet |
| **Savera UK in partnership with Zonta International** | We will be sharing our toolkit once again throughout the 16 Days and invite all other agencies to do the same. There are suggested activities and actions within so the toolkit is worth reviewing before the start of the campaign period, you can find it here: [https://www.saverauk.co.uk/wp-content/uploads/2022/11/Orange-the-World-toolkit-updated-2022.pdf](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.saverauk.co.uk%2Fwp-content%2Fuploads%2F2022%2F11%2FOrange-the-World-toolkit-updated-2022.pdf&data=05%7C01%7CPhillipsD2%40LiverpoolCity.mail.onmicrosoft.com%7C8b4b8bf2ba7648002b6508dbcb48e143%7C270f62b38ca44d638a80ffcb1f61fe04%7C1%7C0%7C638327286250168909%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=i5xHsSX6%2BwxbSEq%2FtUildACHEV9ajds94QEV2Hsy7RU%3D&reserved=0)  Best page to link to externally is: [https://www.saverauk.co.uk/current-campaigns/orange-the-world-campaign/](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.saverauk.co.uk%2Fcurrent-campaigns%2Forange-the-world-campaign%2F&data=05%7C01%7CPhillipsD2%40LiverpoolCity.mail.onmicrosoft.com%7C8b4b8bf2ba7648002b6508dbcb48e143%7C270f62b38ca44d638a80ffcb1f61fe04%7C1%7C0%7C638327286250168909%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=3KjiaqIq67lBRchfigZA9BcG%2Fs5HrhfbYSnwB567MSw%3D&reserved=0) | [**https://www.saverauk.co.uk/no-excuse-for-abuse-savera-uk-liverpool-march-to-call-for-end-to-hba-and-harmful-practices/**](https://www.saverauk.co.uk/no-excuse-for-abuse-savera-uk-liverpool-march-to-call-for-end-to-hba-and-harmful-practices/)  Socials @SaveraUK |
| **Amadudu** | The refuge team will be holding a series of events with internal staff and current users of the service during the 16 days. | [Facebook: https://www.facebook.com/Amadudu1991?\_](Facebook:%20https://www.facebook.com/Amadudu1991?_)  [Website: Amadudu – Just another WordPress site](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Famadudu.org%2F&data=05%7C01%7CPhillipsD2%40LiverpoolCity.mail.onmicrosoft.com%7Cf159f23193a24b4cb5e508dbe4fb29bb%7C270f62b38ca44d638a80ffcb1f61fe04%7C1%7C0%7C638355539630544496%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=6SlKcEbB9hWtWha8Pvv8%2Bzop3I5kDE7YbMahd5AKvBM%3D&reserved=0)  [Twitter:  AmaduduRefuge91](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftwitter.com%2FamaduduRefuge91&data=05%7C01%7CPhillipsD2%40LiverpoolCity.mail.onmicrosoft.com%7Cf159f23193a24b4cb5e508dbe4fb29bb%7C270f62b38ca44d638a80ffcb1f61fe04%7C1%7C0%7C638355539630544496%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=vbhfa9BLs8fy5CVNNB09QREGFx5HpXyRAzzSiNrg0%2B0%3D&reserved=0) |
| **Our Liverpool** | Ending violence against women and girls    <https://liverpool.gov.uk/communities-and-safety/crime-and-safety/domestic-abuse/> | 1. What is #16Days of activism?  It is a call to action and a reminder that violence against women and girls is the most pervasive human rights violation worldwide.  #PushForward and act now to end violence against women and girls everywhere!  ما هي #16يوما من العمل لمناهضة العنف ضد المرأة؟  إنها دعوة للعمل وتذكير بأن العنف ضد النساء والفتيات هو أكثر انتهاكات حقوق الإنسان انتشارًا في جميع أنحاء العالم.  دعونا نمضي قدما لإنهاء العنف ضد النساء والفتيات في كل مكان!  2. Social media campaign caption: لا\_عذر: لنناهض العنف المبني على النوع الاجتماعي#  English translated version: #No excuse: Act to End Violence against women and girls #16day  3. Social media campaign caption: لنمضي قدماً للقضاء على العنف ضد المرأة  English translated version: #PushForward: Act to End Violence against Women and Girls #16Days |
| **List of Daily Events running between 25th November to 10 December 2023** | | | |
| Friday 24th November | **St Julie’s High School** | Maria Eagle MP will be visiting St. Julie's on 24 November to look at the work they are doing to combat violence against women.  First Step and LDAS also attending to raise awareness. | **This is a closed event for staff and pupils.** |
| Saturday 25th November | **LCC** | Town Hall and St Georges Hall buildings will be lit up Orange | [www.liverpool.gov.uk](http://www.liverpool.gov.uk)  <https://twitter.com/Lpoolcouncil>  <https://www.facebook.com/lpoolcouncil> |
| Saturday 25th November | **Savera UK** | Event: Savera UK and Zonta UK March to End HBA  Date: Saturday 25th November 2023 Time: Gather from 1:45pm, event starts 2pm  Meeting point: Williamson Square, Liverpool City Centre  Event Summary: March from Williamson Square to Mann Island via Liverpool ONE. There will be speeches, drumming performances from Katumba, dance performances from Movema, as well as speeches from survivors of HBA and other harmful practices. The event will end at the Merseyside PCC Violence Against Women and Girls, where there will be stalls, guest speakers and a vigil.  For further information, please email [nikki@saverauk.co.uk](mailto:nikki@saverauk.co.uk) | **Full story:** [**https://www.saverauk.co.uk/no-excuse-for-abuse-savera-uk-liverpool-march-to-call-for-end-to-hba-and-harmful-practices/**](https://www.saverauk.co.uk/no-excuse-for-abuse-savera-uk-liverpool-march-to-call-for-end-to-hba-and-harmful-practices/)  Socials @SaveraUK |
| Saturday 25th November | **SLDAS** | Stall event at Mann Island and half the team will be joining in 5k to end HBA with Savera. |  |
| Monday 27th November | **RASA Merseyside** | 🌐 In support of the "16 Days of Action to Eliminate Violence Against Women and Girls," we invite you to join our empowering Women's Circle. Together, we can make a difference and stand against all forms of violence. ✨ What to Expect: 👭 Connect with a supportive community of women. 🌸 Engage in meaningful discussions and activities. 🤝 Share stories, experiences, and support one another. 🧘‍♀️ Explore self-care practices and personal growth. 🌈 Foster resilience, confidence, and empowerment. 💪 Together, we will: ✅ Raise awareness about violence against women. ✅ Our Women's Circle is open to all women who believe in the importance of ending violence and empowering women and girls. | 27th November  Location: Unit 2/4 Stella Nova, Washington Parade L20 4TZ  🕒 Time 10am – 12pm  To book a place contact [lorraine.wood@rasamerseyside.org](mailto:lorraine.wood@rasamerseyside.org) |
| Monday 27th November | **Local Solutions**  **IDVA** | Time to Talk event taking place between 11am-2pm at Liverpool Watersports Centre, Queens Dock, 110 Mariners Wharf, L3 4DG | <https://localsolutions.org.uk/>  Twitter- [https://twitter.com/LocalSolutions\_ /](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftwitter.com%2FLocalSolutions_%2520%2F&data=05%7C01%7CPhillipsD2%40LiverpoolCity.mail.onmicrosoft.com%7Cc3ac69b012cd4349d6a108dbeaacefa2%7C270f62b38ca44d638a80ffcb1f61fe04%7C1%7C0%7C638361800713829383%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=7eQEMsz4NRXOFX4QTqDRZ4qb2tGADzlLpUtDQLFcoX0%3D&reserved=0)  Instagram: [https://www.instagram.com/local\_solutions/](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.instagram.com%2Flocal_solutions%2F&data=05%7C01%7CPhillipsD2%40LiverpoolCity.mail.onmicrosoft.com%7Cc3ac69b012cd4349d6a108dbeaacefa2%7C270f62b38ca44d638a80ffcb1f61fe04%7C1%7C0%7C638361800713829383%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=UJZY4yEPoNfJtkc7SXDP6kAM%2BzYfhV1dt2dMwRX1t%2Fg%3D&reserved=0) Facebook: [https://www.facebook.com/LocalSolutions/](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.facebook.com%2FLocalSolutions%2F&data=05%7C01%7CPhillipsD2%40LiverpoolCity.mail.onmicrosoft.com%7Cc3ac69b012cd4349d6a108dbeaacefa2%7C270f62b38ca44d638a80ffcb1f61fe04%7C1%7C0%7C638361800713829383%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=DBIw%2BuNPm4xONVAXD0fkDz041HHHhyDlpotbReWvSmM%3D&reserved=0). |
| Tuesday 28th November  12-12.30pm | **Savera UK** | **Event:** Online HBA & Harmful Practice Awareness Session  **Date:** Tuesday 28th November 2023  **Time:** 12 noon  **Location:** Online  **Event Summary:** Savera UK is hosting a free online ‘honour’-based abuse (HBA) and Harmful Practice Awareness Session as part of it's "Culture Is Beautiful: No Excuse for Abuse" campaign during the 16 days of activism against gender-based violence and abuse (25th November - 10th December 2023).  **Tickets:** Free, donations welcomed, registration essential  Booking Link: <https://register.enthuse.com/ps/event/HBAandHarmfulPracticesAwarenessSession281123> | [**https://www.saverauk.co.uk/no-excuse-for-abuse-savera-uk-liverpool-march-to-call-for-end-to-hba-and-harmful-practices/**](https://www.saverauk.co.uk/no-excuse-for-abuse-savera-uk-liverpool-march-to-call-for-end-to-hba-and-harmful-practices/) |
| Wednesday 29th November | **RASA Merseyside Vicky Green** | Training session  What is sexual Violence/ Dealing with disclosures. | Via Zoom **10am-11pm**  Topic: What is SV/ Dealing with Disclosure  Time: Nov 29, 2023 10:00 AM London  Join Zoom Meeting  <https://us02web.zoom.us/j/82049916767?pwd=ZjFnNkJMckVLTFRxOFlLN0MzcGZ0dz09>  Meeting ID: 820 4991 6767  Passcode: 181350 |
| Thursday 30th November | **LCC internal campaign** | Protecting and supporting our staff from domestic abuse  Sadly, it’s likely we have staff who are affected by domestic abuse as either victims or perpetrators. This may come in various forms including psychological, physical, sexual, economic, coercive, and controlling behaviours.  Signposting information will be available on the intranet to LCC’s internal Domestic Abuse policy and Workplace Guidance and Support e-learning module for staff to access. | [www.liverpool.gov.uk](http://www.liverpool.gov.uk)  <https://twitter.com/Lpoolcouncil>  <https://www.facebook.com/lpoolcouncil> |
| Friday 1st December | **Red Umbrella** | Sarah Clarke will be delivering a 45-minute session in relation to the make the link report that changing lives released In November 2022.  The report looks at the premature deaths of women who have endured abuse and exploitation often repeatedly at the hands of multiple perpetrators.  For those that would like to book on the session please email Sarah at [sarah.clarke@changing-lives.org.uk](mailto:sarah.clarke@changing-lives.org.uk)  The link for the report  [2b4d5deb-7c5d-4ccb-86fa-62ee6d5713a3\_Make+the+link+-+The+premature+deaths+of+women+experiencing+abuse+and+exploitation.pdf (prismic.io)](https://changinglives.cdn.prismic.io/changinglives/2b4d5deb-7c5d-4ccb-86fa-62ee6d5713a3_Make+the+link+-+The+premature+deaths+of+women+experiencing+abuse+and+exploitation.pdf) | [Changing Lives - Making Positive Change, for Good | Changing Lives (changing-lives.org.uk)](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.changing-lives.org.uk%2F&data=05%7C01%7CPhillipsD2%40LiverpoolCity.mail.onmicrosoft.com%7C5f0304fd5dc3480c8ec408dbeaad5cd1%7C270f62b38ca44d638a80ffcb1f61fe04%7C1%7C0%7C638361802979192924%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=gXR3boTZR%2F1oSWGyISzyV8bpxW4KB08U%2Bdp34jyn9vw%3D&reserved=0) |
| Monday 4th December | **RASA Merseyside** | Healing Trauma Through Exercise –  The "Healing Trauma Through Exercise" workshop focuses on comprehending the nervous system's reactions, helping individuals reconnect with their bodies. This understanding enables the recognition of trauma responses and empowers participants to engage in exercise while managing discomfort within their tolerance limits, without triggering an overwhelming trauma response. | Location: Unit 2/4 Stella Nova, Washington Parade L20 4TZ  🕒 Time 10am – 1pm  To book a place contact [lisa.mercer@rasamerseyside.org](mailto:lorraine.wood@rasamerseyside.org) |
| Tuesday 5th December | **Writing on the Wall** | **It’s No Joke campaign launch** | **For more information, contact Robyn Donaldson**  [**Projects@writingonthewall.org.uk**](mailto:Projects@writingonthewall.org.uk) |
| Wednesday 6th December | **RASA Merseyside** | **Empowering Shared reading session**  As a group will read an empowering piece of women’s literature. We stop and talk about what we have read. There is no need for group members to read aloud or speak it’s fine to just listen. The idea is to create a space where people feel at ease.  Reading the literature aloud in real-time, means that everyone is involved in a shared, live experience. Group members are encouraged by the Reader Leader to respond personally, sharing feelings, thoughts and memories provoked by the reading.  Everyone experiences the text in their own way, but the literature provides a shared language that can help us to understand ourselves – and others – better.  **Self-compassion workshop** We will look at some information around compassion focused therapy. There will be a mediation around self-compassion and an activity to practice showing compassion towards ourselves. | Location: Unit 2/4 Stella Nova, Washington Parade L20 4TZ  🕒 Time 10am – 11am  To book a place contact [Jessica.traverse@rasamersyside.org](mailto:Jessica.traverse@rasamersyside.org)  Location: Unit 2/4 Stella Nova, Washington Parade L20 4TZ  🕒 Time 2pm – 3pm  To book a place contact [Jessica.traverse@rasamersyside.org](mailto:Jessica.traverse@rasamersyside.org) |
| Thursday 7th  December | **LCC internal campaign** | Blog on Victim Blaming.  Unfortunately, within domestic abuse services, victim blaming continues to be prevalent. This creates barriers for victims accessing safety and colludes with the behaviour of perpetrators, often leading to victims feeling stuck within that abusive relationship. | [www.liverpool.gov.uk](http://www.liverpool.gov.uk)  <https://twitter.com/Lpoolcouncil>  <https://www.facebook.com/lpoolcouncil> |
| Friday 8th December | **Savera UK** | **Event:** Discussion Event: Culture, HBA and the Law  **Date:** Friday 8th December 2023  **Time:** 2pm  **Location:** Online  **Event Summary:** Human rights barrister Dexter Dias KC, survivor ambassador and campaigner, Payzee Mahmod, Kim Johnson MP and Dr Hannah Baumeister from LJMU discuss culture, HBA and the legal system, what the justice system has achieved and what needs to change.  **Tickets:** Free, donations welcomed, registration essential  **Booking Link:** <https://register.enthuse.com/ps/event/DiscussionEventCultureHBAandtheLaw> | [**https://www.saverauk.co.uk/no-excuse-for-abuse-savera-uk-liverpool-march-to-call-for-end-to-hba-and-harmful-practices/**](https://www.saverauk.co.uk/no-excuse-for-abuse-savera-uk-liverpool-march-to-call-for-end-to-hba-and-harmful-practices/) |
| Saturday 9th December  12-12.30pm | **Savera UK** | **Event:** Online HBA & Harmful Practice Awareness Session  **Date:** Saturday 9th December 2023  **Time:** 12 noon  **Location:** Online  **Event Summary:** Savera UK is hosting a free online ‘honour’-based abuse (HBA) and Harmful Practice Awareness Session as part of its "Culture Is Beautiful: No Excuse for Abuse" campaign during the 16 days of activism against gender-based violence and abuse (25th November - 10th December 2023).  **Tickets:** Free, donations welcomed, registration essential  **Booking Link:** <https://register.enthuse.com/ps/event/HBAandHarmfulPracticesAwarenessSession091223> | [**https://www.saverauk.co.uk/no-excuse-for-abuse-savera-uk-liverpool-march-to-call-for-end-to-hba-and-harmful-practices/**](https://www.saverauk.co.uk/no-excuse-for-abuse-savera-uk-liverpool-march-to-call-for-end-to-hba-and-harmful-practices/) |
| Sunday 10th December | **United Nations** | On 10 December every year, International Human Rights Day (Intl Human Rights Day) is observed globally to commemorate the adoption of the Universal Declaration of Human Rights by the United Nations General Assembly in 1948. | <https://www.un.org/en/observances/human-rights-day> |