

Health & Well-being Community Day



**Saturday 25 January
12 - 3pm**

**at Greenbank Sports Academy
Greenbank Lane, Liverpool L17 1AG**

Take a tour of the Gym

Find out about Rebound Therapy

**Try out a range of activities
including:**

Boccia (12.15-1pm)

Table Tennis (12.15-1pm)

**Wheelchair Handball/
Handball (1-1.45pm)**

HIIT Group Fitness (1-1.45pm)

Badminton (2-2.45pm)

Cricket (2-2.45pm)

Funded by LCC Mayoral
Neighbourhood Funding



**ON-SITE
RESTAURANT
SHOWING
THE FA CUP!**

FREE EVENT

CALL IN ANYTIME!

