**A close up of a sign

Description automatically generated**

Health & Wellbeing Organisations Network (H&WBN)

Wednesday 15th January 2025

**Attendance:**

|  |  |
| --- | --- |
| **Name & /or Organisation** | **Email** |
| All attendees agree to allow their details to be used by LCVS / H&WBN, to share information and will be added to the LCVS H&WBN database for mailings etc. **Please advise us if this is against your wishes.** | |
| Steph Gregory (LCVS/Chair) | [**Stephanie.Gregory@lcvs.org.uk**](mailto:Stephanie.Gregory@lcvs.org.uk) |
| Steph Lawson | [**Stephanie.lawson@lcvs.org.uk**](mailto:Stephanie.lawson@lcvs.org.uk) |
| Becky Lazare (LCVS) | [**Becky.Lazare@lcvs.org.uk**](mailto:Becky.Lazare@lcvs.org.uk) |
| James Woolgar (Speaker) | [**James.Woolgar@liverpool.gov.uk**](mailto:James.Woolgar@liverpool.gov.uk) |
| Maisie Taylor (Speaker) | [**Maisie.Taylor@liverpool.gov.uk**](mailto:Maisie.Taylor@liverpool.gov.uk) |
| Anne Whelan (Speaker) | [**anne.whelan@UKMSA.org.uk**](mailto:anne.whelan@UKMSA.org.uk) |
| Jonathan White LCVS (Speaker) | [**Jonathan.white@lcvs.org.uk**](mailto:Jonathan.white@lcvs.org.uk) |
| Matthew Philpott | [**Matthew.Philpott@heg.org.uk**](mailto:Matthew.Philpott@heg.org.uk) |
| Helen Rhodes | [**helen.rhodes@fifthsense.org.uk**](mailto:helen.rhodes@fifthsense.org.uk) |
| Sally Connick | [**Sally.connick@fifthsense.org.uk**](mailto:Sally.connick@fifthsense.org.uk) |
| Ema Quinn | [**emaq@choirwithnoname.org**](mailto:emaq@choirwithnoname.org) |
| Natalie O’Hara | [**Natalie\_OHara@shelter.org.uk**](mailto:Natalie_OHara@shelter.org.uk) |
| Laura Brown | [**Hatch.life@outlook.com**](mailto:Hatch.life@outlook.com) |
| Anthony Scott | [**community@kittyslaundrette.org.uk**](mailto:community@kittyslaundrette.org.uk) |
| Connor Dempsey | [**connor.dempsey@aspireeducationacademy.co.uk**](mailto:connor.dempsey@aspireeducationacademy.co.uk) |
| Helen HarperHa | [**Helen.harper@alderhey.nhs.uk**](mailto:Helen.harper@alderhey.nhs.uk) |
| Helen Ormandy | [**Helen.ormandy@wearenugent.org**](mailto:Helen.ormandy@wearenugent.org) |
| Dorcas Akeju OBE | [**dorcasakeju@aol.com**](mailto:dorcasakeju@aol.com) |
| Bothwell Chikomba | [**bothwell@thebha.org.uk**](mailto:bothwell@thebha.org.uk) |
| Di Burbidge | [**DiBurbidge@chinesewellbeing.co.uk**](mailto:DiBurbidge@chinesewellbeing.co.uk) |
| Ewan Roberts | [**ewan@asylumlink.org.uk**](mailto:ewan@asylumlink.org.uk) |
| Phil Leeson | [**funding@daisyuk.com**](mailto:funding@daisyuk.com) |
| Monique Collier | [**Monique.collier@ypas.org.uk**](mailto:Monique.collier@ypas.org.uk) |
| James Sloan | [**James@transform-lives.org.uk**](mailto:James@transform-lives.org.uk) |
| Joanne Wormald | [**joannew@ght.org.uk**](mailto:joannew@ght.org.uk) |
| Dagmara Wojciechowicz | [**info@merseysidepolonia.com**](mailto:info@merseysidepolonia.com) |
| Laura Heneghan | [**Lheneghan@therotunda.org.uk**](mailto:Lheneghan@therotunda.org.uk) |
| Najib Alhakimi | [**N.alhakimi@liverpoolarabiccentre.org.uk**](mailto:N.alhakimi@liverpoolarabiccentre.org.uk) |
| Leila Menacere | [**Leila.Menacere@liverpool.gov.uk**](mailto:Leila.Menacere@liverpool.gov.uk) |
| Claire Morton | [**claire@spaceandfreedom.com**](mailto:claire@spaceandfreedom.com) |
| Katherine Miasoid | [**Katherine.miasoid@liverpool.gov.uk**](mailto:Katherine.miasoid@liverpool.gov.uk) |
| Jo Bruce | [**jo.bruce@mencapliverpool.org.uk**](https://www.lcvs.org.uk/wp-admin/admin.php?page=CiviCRM&q=civicrm%2Factivity%2Femail%2Fadd&action=add&reset=1&email_id=69382) |

**Attended but no contact details: Kurtis Collier and Oliver Gibson**

**Welcome, Introductions, Minutes of Last Meeting:**

Chair opened the meeting and welcomed everyone. It was agreed minutes of last meeting were accurate and true.

Apologies from Liz Waters, Jane Holland, Rocio Castillero, Diane Simcoe, Val Odonnell and Richard Davies.

|  |  |  |
| --- | --- | --- |
| Item | By whom | By when |
| **Speaker – James Woolgar and Maisie Taylor LCC**  **Women’s Health: Development of a strategy for Liverpool**  Recent research has discovered that women in Liverpool spend 22 years of their lives in poor health, and this is projected to get worse. Significant challenges and issues such as being carers, work issues and everyday demands add to this.  A task force has been put together chaired by Public Health to launch in May 2025, to focus on the root causes of ill health, prevention and early implementation. They are looking to highlight gaps and create clear priorities for action whilst breaking down stigmas.  Two workshops have been held one in November with academics and one in December with Community Organisations. An evaluation of the findings is being created and will be distributed to attendees soon and we will then share within our network.  The slides from today’s presentation are below as is the link to the questionnaire, the deadline for the questionnaire is 31st January.  <https://forms.office.com/e/wXPB2w0rHe>  Feel free to email James - [**James.Woolgar@liverpool.gov.uk**](mailto:James.Woolgar@liverpool.gov.uk)or Maisie - [**Maisie.Taylor@liverpool.gov.uk**](mailto:Maisie.Taylor@liverpool.gov.uk) if you have any questions or would like the questionnaire in another language. | James Woolgar  Maisie Taylor |  |
| **Speaker – Anne Whelan – UK Men’s Sheds Association**  First set up in Australia in 1999, now within 7 countries including the whole of the UK from 2008.  UK Men’s Sheds Association has Sheds on the Wirral but numbers throughout Merseyside are low. The premise is a communal space to work on projects or join in with shared ones. The principle is to take the idea of garden sheds but take it into the community, to improve mental health, social interaction, loneliness, focus on men’s health as NHS Screening programmes can come to you.  The mission is to get sheds into local communities, originally aimed at men over 60 however, now there are mixed groups such as women’s, mixed, veterans, dementia etc. Membership charge after the first year, £30. Recently recruited more staff focusing on armed forces and universities.  Please see the link to the slides below; any queries please contact Anne [anne.whelan@uksma.org.uk](mailto:anne.whelan@uksma.org.uk) | Anne Whelan |  |
| **Speaker – Johnathan White LCVS**  Jonathan has been in post since March 2024 with a lot of previous experience including 14 years in Charity Management in North Wales.  His role is to provide guidance to voluntary sector groups depending on their need he can:   * Match with potential funders * Bid reviews for organisations * Guide organisations right through the process from finding funders to liaising with grant officers who you are applying to. * Provides Bid Writing Workshops – a process to help organisations write a strong project plan and build confidence. * Funding Masterclasses – focusing on specific funders, Steve Morgan Foundation, Funds For All and Garfield Weston, and guide through the application process.   If you have any questions for Johnathan or would like more info about the courses, please contact him [Jonathan.white@lcvs.org.uk](mailto:Johnathan.white@lcvs.org.uk) | Jonathan White |  |
| **Steph Lawson – C&M CA Social Action Lead**  Steph has been working for LCVS for over 10 years mainly within the Grants team; after recently returning from maternity leave, she has taken over the Social Action Lead role from Steph Gregory and will be working 2.5 days a week.  Steph will be working with organisations focusing on greater awareness on early cancer detection and prevention to improve outcomes.  The main aims are:   * Improving community understanding by providing up to date and easily accessible information. * Encourage uptake of screening programmes * Better awareness of signs and symptoms * Helping communities to understand healthier lifestyle choices   There is a small pot of funding available to work with and support groups to introduce cancer awareness as part of or additional to existing activities and project delivery.  Steph will also be producing the Health & Wellbeing Organisations Network Newsletter the first week of every month and be doing the admin for this network.  If you would like to get in touch for further info regarding the Cancer Alliance work or anything H&WO Network related, please contact Steph: [stephanie.lawson@lcvs.org.uk](mailto:stephanie.lawson@lcvs.org.uk) | Steph Lawson |  |
| **Well Placed Group Feedback**  The Well Placed Group sits above the Health & Wellbeing Network, the forum is composed of senior staff from organisations that attend the Health and Wellbeing Organisations Network and who volunteer their time and expertise to discuss strategic issues impacting on the VCFSE sector and local people’s health.  The group have met up recently to discuss Adult Social Care Prevention Strategic Intentions and Engagement and discussion around how the Well-Placed group can influence key leaders with the creation of Link roles to provide a point of contact with key leaders.  Family Support Project listening event 6th February, further details to be shared when received.  Chair Ellie McNeill met with the Director of Public Health Matt Ashton, Matt is in full support of the work the group is doing.  Well Placed have distributed two letters to LCC leadership e.g.. LCC Leader/Director of Adult Social care:   * Relating to the pressures of the National Insurance increases to organisations * In relation to the VCFSE sector delivering social care and the LCC budget for adult social care for 2025/26 * Expressing concerns re: ongoing subsidy of social care by the VCFSE sector * The need for expended/sustained investment in VCFSE organisations   Please see the slides below, and the link to the LCVS website if you would like more information on the Well Placed Group and access the minutes of the meeting.  [Well Placed Group (formerly the Liverpool Health & Wellbeing Strategy Leads Forum) |](https://www.lcvs.org.uk/working-together/well-placed-group/) | Steph Gregory on behalf of Rich Davies (LCVS) |  |
| **Information Exchange & Members Update**  **George House Trust** – support people living with HIV in Liverpool and Manchester. Due to the efficacy of HIV treatments, there is now an ageing population of people living with HIV. GHT are offering free HIV staff training to organisations who work with people aged 50+ living with HIV. Email [joannew@ght.org.uk](mailto:joannew@ght.org.uk) for more information.  **Merseyside Polonia** – supporting Polish nationals in Liverpool, work with local partners to promote culture and provide opportunities to integrate into the community. Currently running engagement groups such as Acting class, Women’s only, Book Club, History, Crochet etc. These groups help build confidence and lower social isolation and loneliness.   For more information, email [info@merseysidepolonia.com](mailto:info@merseysidepolonia.com)  **Daisy Inclusive –** Supporting disabled and vulnerable people.  Recently received Big Initiative funding from Feeding Liverpool. Currently have classes around healthy eating, budget management to take off strain and make food shopping more affordable. Helping individuals suffering from the long term affects of Covid such as anxiety, fear of going out etc. Also have a football team and a local courier recently sponsored them so now have football kits for the team.  For more information, email [funding@daisyuk.com](mailto:funding@daisyuk.com)  **Health Equalities Group –** Currently have two opportunities, the first opportunity is a free cross-sector workshop they are running on 27th February that is addressing social housing, food insecurity and population health:  <https://www.eventbrite.co.uk/e/workshop-social-housing-food-security-population-health-tickets-1106511689249?aff=oddtdtcreator>  The second is a free to access, face to face training session on 13th March we are running in partnership with LCVS which is equipping VCFSE orgs with the knowledge and confidence to raise conversations about higher weight and local services:  <https://www.eventbrite.co.uk/e/why-weight-to-talk-training-for-vcfse-organisations-in-liverpool-tickets-1132574523889?aff=oddtdtcreator>  For more information, email [matthew.philpott@heg.org.uk](mailto:matthew.philpott@heg.org.uk)    **Chinese Wellbeing** – Supporting the Chinese residents of Liverpool predominantly over 55s to remain in independent living for as long as possible and keeping them connected to the community. The Living Well Bus is doing health checks, flu & Covid vaccinations within the Chung Wah Supermarket carpark, they will also be doing Cervical Screening bus in March, check website or get in touch for dates/times. Recently completed studies into Menopause and inequalities in dementia care within minorities.  For more information, email  **Choir with no name –** A choir for the homeless and people going through tough times, rehearsals are once a week and provide a hot meal. The Instagram account is run by the members, and they are available for gigs.  For more information, email [emaq@choirwithnoname.org](mailto:emaq@choirwithnoname.org)  **Good Gym Liverpool –** Promote work within the community as your workout, free and open to anyone over 18.  Complete tasks helping groups and anything that benefits the community, the tasks include anything from painting to litter picking, gardening etc  Mainly operate on Monday evenings and weekends. You can sign up on the website to join.  For more information, email [ema@goodgym.org](mailto:ema@goodgym.org)  **Fifth Sense –** Supporting people with smell and taste disorders and raising awareness. UK wide and specific areas within Liverpool, free info sessions in person and online available.  Currently looking for accessible room ideally free that can hold 20/30 people for upcoming info event – get in touch if you know anywhere.  For more information, email [sally.connick@fifthsense.org.uk](mailto:sally.connick@fifthsense.org.uk) or [helen.rhodes@fifthsense.org.uk](mailto:helen.rhodes@fifthsense.org.uk)  **Wild Warrior Wellness –** Team of 3 women supporting vulnerable women with addiction, anxiety etc. Offer classes such as Yoga, Breathwork, monthly nature walks, 6-week workshops etc.  For more information, email [claire@spaceandfreedom.com](mailto:claire@spaceandfreedom.com)  **BHA for Equality –** Sexual health information and free condom service to ethnic communities, HIV prevention and free community testing. Focusing on communities who find it hard to access sexual health services. They offer testing kits people can test themselves, appointments also available via booking online.  10th-16th Feb National HIV Testing Week.  HIV Testing at Kuumba Imani: 12 February 2025 and the last Wednesday of the month.  Data available in different languages.  For more information, email [bothwell@thebha.org.uk](mailto:bothwell@thebha.org.uk)  **TLC –** Transform Lives Company offer employment support and help overcome barriers such as mental health etc. A new pilot scheme starting in Toxteth, an alternative job centre approach, to provide a warm welcome and support from employment coaches.  For more information, email [james@transform-lives.org](mailto:james@transform-lives.org)  **Mencap Liverpool –** Empowerment for Learning Disability through Liverpool & Sefton. Offer sessions to signpost to activities in local area, find places people are welcomed and safe.  For more information email, [jo.bruce@mencapliverpool.org.uk](https://www.lcvs.org.uk/wp-admin/admin.php?page=CiviCRM&q=civicrm%2Factivity%2Femail%2Fadd&action=add&reset=1&email_id=69382)  **Nugent –** Supporting adults and young people, residential services, supporting children at risk, families looking to adopt, community base service, outreach centre and hubs for food and period poverty.  For more information email, [helen.ormandy@wearenugent.org](mailto:helen.ormandy@wearenugent.org) | Joanne Wormald  Dagmara Wojciechowicz  Phil Leeson  Matthew Philpott  Di Burbidge  Ema Quinn  Ema Quinn  Sally Connick/ Helen Rhodes  Claire Morton  Bothwell Chikomba  James Sloan  Jo Bruce  Helen Ormandy |  |
| **AOB:**  **Ovacome** – National Ovarian Cancer Charity – Community Lunch – 27th January, 11am – 2.30pm.  [Ovacome Liverpool Community Day |](https://www.lcvs.org.uk/events/ovacome-liverpool-community-day/)  If interested in attending, please contact [l.waters@ovacome.org.uk](mailto:l.waters@ovacome.org.uk)  If you would like to speak/present information about your organisation and its activities at a future H&W network meeting, or any stories, activities to share on the newsletter please contact Steph, [stephanie.lawson@lcvs.org.uk](mailto:stephanie.lawson@lcvs.org.uk) | All |  |
|  |  |  |

**Date of next meeting**: Wednesday 12th March, 10am – 12noon.

Zoom link:<https://us02web.zoom.us/j/3393991885?omn=86734225707>

Please email [hwon@lcvs.org.uk](mailto:hwon@lcvs.org.uk) to confirm attendance.