



**PAPERWORK
THEATRE**

CONFIDENCE PERFORMANCE & POSITIVE FUTURES

**A CREATIVE TRAINING
PROGRAMME FOR WOMEN**





Women's Confidence, Performance & Positive Futures

Through a 16 week programme of drama, creative writing and practical skills within the arts, Paperwork Theatre will develop the confidence and skill set of 12 women aged 25+ in Liverpool who are currently unemployed, to help build confidence and self-esteem and hopefully support you on your employment journey.

Weeks 1-5 Skills

Attend weekly 2 hr workshops where you'll take part in drama and creative writing activities to build your confidence, soon you'll be able to speak confidently in front of a room full of people and start creating theatre as part of a team. You'll define personal goals for your development and be supported to achieve them by a mentor.

Weeks 6-13 Performance

Attend weekly 3 hr workshops and work alongside professional artists and your group to create an original performance based on a theme chosen by the group. You will be guided through a rehearsal and production process by professional artists, using your imagination to craft a performance which you will perform for a live audience.

Weeks 14-16 A Positive Future

Attend weekly 3 hour workshops to brush up your employability skills and apply your new learning by thinking about your next steps into employment and training- meet with guest speakers, attend a mock interview and create a CV.

About you

This course is particularly useful for those lacking confidence, self-esteem and/or motivation when looking for new opportunities. It is also useful for those returning to employment/training after a career break helping you to prepare and find your pathway to work.

You will need to be able to follow verbal and written instructions and work with others to complete tasks.

Eligibility

This course is open to women aged 25+ who are living in Liverpool and are currently out of work. Before starting the course we need to confirm that you are legally able to work in the UK and that you are unemployed/ not actively seeking work.

We are able to provide some extra support e.g. travel and childcare expenses to assist you to take part in the program, get in touch for more information.

Group info

The group will meet weekly on Wednesday afternoons, 10am- 1pm from 8th September - 22nd December at Liverpool Everyman Theatre, L1 9BH

To sign up email info@paperworktheatre.co.uk for more information.