



Take on a Challenge for Woodlands!

WALK FOR WOODLANDS: THE MILLION STEP CHALLENGE



Take a giant step for people with life limiting conditions and a million little ones for you by taking on the Woodlands Hospice Million Step Challenge

You'll need to take an average of 10,000 steps per day to be successful. But how you do them and where you do them is completely up to you!

Whether it is shuffling home from the shops, hiking up a hill or getting down on the dancefloor, they all count!

The money you raise while you do it will provide us with much needed funds to continue to support our patients and their families at what is the most difficult time in their lives. If you're interested in taking on this challenge, please contact us today!

Call: 0151 529 8193

or email woodlands.events@aintree.nhs.uk

www.woodlandshospice.org

Tel: 0151 529 2299

Charity No. 1048934 Company No. 3063721

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